

*These flexible tracks are recommended to facilitators who are interested in choosing from suggested activities and readings based on the specific interests and backgrounds of their participants, and who may not have time to do complete sessions from the curriculum. Facilitators can select among the exercises from these tracks to create their own workshop or class session most relevant to their participants—highlighted here are recommendations for an introduction to the Nakba, a condensed introduction, a high school class, a college course, an activist/organizers group, a group that identifies as liberal Zionist, and a synagogue or adult education course.*

## **A. Introduction to the Nakba**

This is an introduction to the Nakba and is useful for groups that are encountering the history of Palestine/Israel for the first time. It is meant as a general introduction that will provide foundational information through primary documents and testimonies to establish a critical understanding of both historical and current experiences and politics of Palestine/Israel. This track is intended for people from varied backgrounds.

- [Session 1: Introduction](#)
  - (20 minutes) Common early understandings around the founding of the State of Israel
- [Session 2: Encountering the Nakba](#)
  - (35 min) Introducing the Nakba:
    - Slideshow
    - Museum gallery walk
  - (40 min) Critical Investigation Activity: Found Documents
  - (15 min) Closing: Closing reflections
- [Session 3: The Nakba in History](#)
  - (30 min) Presenting the Nakba in History: Slide Show
- [Session 4: Testimony](#)
  - (40 minutes) Presenting Testimonies
- [Session 6: The Right of Return](#)
  - (20 minutes) Who are Palestinian Refugees
  - (15 minutes) Refugee Life Today
  - (45 minutes) Return in Practice: Small group exploration of Return
- [Session 7: Forms of Resistance](#)
  - (20 minutes) Images of Resistance
  - (20 minutes) Boycott, Divestment, Sanctions (BDS)
  - (30 minutes) Creating our own Piece of Resistance (optional)
  - (40 minutes) Closing:

- Individual reflection
- Small group discussion

## B. Condensed Introduction

This is similar to the Introduction to Nakba, but condensed for time limitations. This shorter training track (around 2 hours) provides foundational information useful to people from both varied backgrounds and levels of exposure to the Nakba.

- [Session 2: Encountering the Nakba](#)
  - (35 min) Introducing the Nakba:
    - Slideshow
    - Museum gallery walk
  - (40 min) Critical Investigation Activity: Found Documents
- [Session 6: The Right of Return](#)
  - (20 minutes) Who are Palestinian Refugees
- [Session 7: Forms of Resistance](#)
  - (15 minutes) Contemporary Art and Resistance (choose one image)
  - (15 minutes) Boycott Divestment, Sanctions (BDS)
  - (15 minutes) Closing: Small group discussion

## C. High School

This track is for high school or high school age youth. It is an introduction to the Nakba—the forced displacement of Palestinians that began with Israel’s establishment, and that continues to this day—with activities that allow students to critically examine information and actively engage with the history, themes, and current realities of the displacement.

- [Session 1: Introduction](#)
  - (20 minutes) Common early understandings around the founding of the State of Israel
- [Session 2: Encountering the Nakba](#)
  - (35 minutes) Introducing the Nakba:
    - Slideshow
    - Museum gallery walk
  - (40 minutes) Critical Investigation Activity: Found Documents
- [Session 3: The Nakba in History](#)
  - (30 minutes) Presenting the Nakba in History: Group narrative packets
- [Session 4: Testimony](#)
  - (30 minutes) Conceptualizing Testimony

- (40 minutes) Presenting Testimonies
- [Session 6: The Right of Return](#)
  - (20 minutes) Who are Palestinian Refugees?
- [Session 7: Forms of Resistance](#)
  - (20 minutes) Images of Resistance
  - (20 minutes) Contemporary Art and Resistance
  - (20 minutes) Boycott, Divestment, Sanctions (BDS)
  - (30 minutes) Creating our own Piece of Resistance
  - (30 minutes) Closing:
    - Individual reflection
    - Small group discussion
    - Whole group Closing Mosaic

## D. College

This track is for college courses or learning groups. The activities use primary documents to critically evaluate the history and ongoing narratives around the establishment of Israel and the displacement of Palestinians. Participants connect Palestinian resistance to current and historical movements, identifying shared experiences and analyze the role and impact of international governance.

- [Session 1: Introduction](#)
  - (20 minutes) Common early understandings around the founding of the State of Israel
- [Session 2: Encountering the Nakba](#)
  - (35 minutes) Introducing the Nakba:
    - Slideshow
    - Museum gallery walk
  - (40 minutes) Critical Investigation Activity: Found Documents
- [Session 3: The Nakba in History](#)
  - (60 minutes) Presenting the Nakba in History:
    - Group narrative packets
    - Presentations/Reflections
- [Session 4: Testimony](#)
  - (40 minutes) Presenting Testimonies:
    - Video testimonies
    - Discussion
- [Session 5: In the Archives](#)
  - (40 minutes) Round Robin: Close reading
- [Session 6: The Right of Return](#)

- (20 minutes) Who are Palestinian Refugees
- (60 minutes) Return in Practice
- [Session 7: Forms of Resistance](#)
  - (15 minutes) Images of Resistance
  - (15 minutes) Boycott, Divestment, Sanctions (BDS)
  - (30 minutes) Creating our own Piece of Resistance (optional)
  - (40 minutes) Closing:
    - Individual reflection
    - Small group discussion
    - Whole group Closing Mosaic

## E. Activist Perspective

This track is for groups familiar with social justice frameworks, but who may not have specific knowledge on the history and background of the Nakba. Understanding and filling this gap in political discourse deepens an understanding of the roots of cyclical violence in Palestine/Israel and helps to imagine a different future for both peoples based on justice and equality. This track is particularly useful for individuals interested in expanding on and including an Israel/Palestine equity lens to their organizing endeavors.

- [Session 2: Encountering the Nakba](#)
  - (35 minutes) Introducing the Nakba:
    - Slideshow
    - Museum gallery walk
- [Session 3: The Nakba in History](#)
  - (40 minutes) Presenting the Nakba in History:
    - Slideshow
    - Group narratives
- [Session 4: Testimony](#)
  - (40 minutes) Presenting Testimonies:
    - Video testimonies
    - Discussion
- [Session 5: In the Archives](#)
  - (40 minutes) Round Robin: Close reading
- [Session 6: The Right of Return](#)
  - (55 minutes) Return in Practice:
    - Small Group exploration of Return
    - Group Reflection on Practicalities of Return
  - (10 minutes) Group discussion on social change
- [Session 7: Forms of Resistance](#)

- (20 minutes) Contemporary Art and Resistance
- (20 minutes) Boycott, Divestment, Sanctions (BDS)
- (25 minutes) Closing:
  - Individual reflection
  - Small group discussion (modified as whole group)

## E. Liberal Zionist Perspective

This track is for people who have a background or understanding of Israel/Palestine and the Nakba from a Zionist perspective. In the U.S., most people learn about the importance of Israel as a safe haven for Jews, a haven that was won when Israel prevailed over Arab armies in what most Israelis know as the 1948 War of Independence. The goals of this track are to offer a different version of a familiar story and to raise the Palestinian voice so that we can critically examine all sides of the issue.

- [Session 1: Introduction](#)
  - (20 minutes) Common early understandings around the founding of the State of Israel
  - (15 minutes) Closing: Closing Discussion
- [Session 2: Encountering the Nakba](#)
  - (35 minutes) Introducing the Nakba: Slide Presentation
  - (40 minutes) Critical Investigation Activity: Found Documents
- [Session 3: The Nakba in History](#)
  - (60 minutes) Presenting the Nakba in History:
    - Group narrative packets
    - Presentations/Reflections
- [Session 4: Testimony](#)
  - (40 minutes) Presenting Testimonies
- [Session 6: The Right of Return](#)
  - (20 minutes) Who are Palestinian Refugees
  - (15 minutes) Refugee Life Today
  - (60 minutes) Return in Practice
- [Session 2: Encountering the Nakba](#)
  - (15 minutes) Closing: Closing reflections

## F. Adult or Synagogue Education Course

This track is for synagogue or general adult education groups with participants from a Jewish background. The Facing the Nakba team believes that it is the responsibility of American Jews

to know the history of the Nakba and to make that history visible in our communities. Through this track, Jewish synagogue and adult education groups can deepen their role in educating and broadening an understanding of the events that took place in the course of creating the State of Israel.

- [Session 1: Introduction](#)
  - (20 minutes) Common early understandings around the founding of the State of Israel
  - (15 minutes) Closing: Closing discussion
- [Session 2: Encountering the Nakba](#)
  - (35 minutes) Introducing the Nakba Slide Presentation
- [Session 3: The Nakba in History](#)
  - (30 minutes) Presenting the Nakba in History: Group narratives
- [Session 4: Testimony](#)
  - (40 minutes) Presenting Testimonies
- [Session 5: In the Archives](#)
  - (40 minutes) Round Robin: Close reading
  - (25 minutes) Synthesis
- [Session 6: The Right of Return](#)
  - (20 minutes) Who are Palestinian Refugees
  - (60 minutes) Return in Practice
- [Session 7: Art and Resistance](#)
  - (30 minutes) Contemporary Art and Resistance
  - (25 minutes) Closing:
    - Individual reflection
    - Small group discussion