

Jewish Voice for Peace

קוֹל יְהוּדִי לְשָׁלוֹם



This is a basic sketch for leading Shabbat evening services.

Add, take out, and change things as is fitting for your community. There are supplementary readings at the end.

Kabbalat Shabbat

Welcoming Song or Niggun

How good and how pleasant, to sit
all together

Hiney mah tov umah na'im -
Shevet akhim gam yakhad

הנה מה טוב ומה נעים
שבת אחים גם יחד

Optional: Light Candles

Blessed are you, G-d, Sovereign of
the Universe, who has sanctified us
with mitzvot and commands us to
light shabbat candles

Baruch atah Adonai Eloheinu
melech ha'olam asher kid'shanu
b'mitzvotav vitzivanu lehadlik ner
shel shabbat.

ברוך אתה יי אלהינו מלך
העולם, אשר קדשנו
במצוותיו, וצונו להדליק נר
של שבת.

L'cha Dodi

Let us go, my beloved to meet the
bride, and let us welcome the
presence of Shabbat.

L'chah dodi likrat kolah,
p'nei shabat n'kab'lah.

לכה דודי לקראת כלה
פני שבת נקבלה

Observe and recall in a single
utterance. We were made to hear
by the unified G-d. G-d is one and
G-d's Name is one. In fame and
splendor and praiseful song.

Shamor v'zachor b'dibur echad,
hishmi-anu eil ham'yuchad,
Adonai echad ush'mo echad,
l'sheim ul'tiferet v'lithilah.

שמור וזכור בדבור אחד
השמיענו אל המיוחד
ה' אחד ושמו אחד
לשם ולתפארת ולתהלה

To greet Shabbat let's go, let's
travel. For she is the wellspring of
blessing. From the start, from
ancient times she was chosen. Last
made, but first planned.

Likrat shabat l'chu v'neil'chah,
ki hi m'kor hab'rachah, meirosh
mikedem n'suchah, sof ma-aseh
b'machashavah t'chilah.

לקראת שבת לכו ונלכה
כי היא מקור הברכה
מראש מקדם נסוכה
סוף מעשה במחשבה
תחלה

Sanctuary of the king, royal city.
Arise! Leave from the midst of the
turmoil. Long enough have you sat
in the valley of tears. And G-d will
take great pity upon you
compassionately.

Mikdash melech ir m'luchah,
kumi tz'i mitoch hahafeichah,
rav lach shevet b'eimek habacha,
v'hu yachamol alayich chemlah.

מקדש מלך עיר מלוכה
קומי צאי מתוך ההפכה
רב לך שבת בעמק הבכא
והוא יחמול עליך חמלה

Hitna-ari mei-afar kumi, livshi
bigdei tifarteich ami, al yad ben
yishai beit halachmi, kor'vah el
nafshi g'alah.

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קוֹל יְהוּדֵי לְשָׁלוֹם

Shake yourself free, rise from the dust. Dress in your garments of splendor, my people. By the hand of Jesse's son of Bethlehem. Redemption draws near to my soul.

Hitor'ri hitor'ri,
ki va oreich kumi ori,
uri uri shir dabeiri,
k'vod Adonai alayich niglah.

הַתְּנַעֲרִי מֵעָפָר קוֹמִי
לְבָשִׁי בְּגָדֵי תִפְאָרְתְּךָ עַמִּי
עַל יַד בֶּן יֵשׁוּ בֵּית הַלְחָמִי
קִרְבָּה אֶל נַפְשִׁי גְּאֻלָּה

Rouse yourselves! Rouse yourselves! Your light is coming, rise up and shine. Awaken! Awaken! utter a song. The glory of Adonai is revealed upon you.

Lo teivoshi v'lo tikalmi
ma tish'tocha'chi umah tehemi
bach yechesu ani'yei ami
v'nivneta ir al tilah

הַתְּעוֹרְרִי הַתְּעוֹרְרִי
כִּי בָא אֹרֶךְ קוֹמִי אֹרִי
עוֹרִי עוֹרִי שִׁיר דְּבָרִי
כְּבוֹד ה' עֲלֶיךָ נִגְלָה

Do not be embarrassed! Do not be ashamed! Why be downcast? Why groan? All my afflicted people will find refuge within you. And the city shall be rebuilt on her hill.

V'hayu limshisah shosayich,
v'rachaku kol m'val'ayich,
yasis alayich elohayich,
kimsos chatan al kolah.

לֹא תִבְשִׂי וְלֹא תִכְלָמִי
מָה תִשְׁתַּוְּחָחִי זִמָּה תִהְיֶינִי
בְּךָ יִחַסּוּ עַנְיֵי עַמִּי
וְנִבְנְתָה עִיר עַל תְּלָה

Your despoilers will become your spoil. Far away shall be any who would devour you. Your G-d will rejoice concerning you. As a groom rejoices over a bride.

Yamin us'mol tifrotzi,
v'et Adonai ta-aritzi,
al yad ish ben partzi,
v'nism'chah v'nagilah.

וְהָיוּ לְמַשְׁסָּה שְׂאֵסִין
וְרָחֲקוּ כָּל מְבַלְעֵיךָ
יִשִּׁישׁ עֲלֶיךָ אֱלֹהֶיךָ
כְּמַשׁוֹשׁ חָתָן עַל כְּלָה

To your right and your left you will burst forth. And Adonai will you revere. By the hand of a child of Perez. We will rejoice and sing happily.

Bo-i v'shalom ateret balah,
gam b'simchah uv'tzaholah,
toch emunei am s'gulah,
bo-i chalah, bo-i chalah.

יְמִין וְשְׂמָאל תִּפְרָצִי
וְאֵת ה' תַּעֲרִיצִי
עַל יַד אִישׁ בֶּן פְּרָצִי
וְנִשְׂמַחָה וְנִגְיָלָה

Come in peace, crown of her beloved. Both in happiness and in jubilation. Amidst the faithful of the treasured nation. Come O Bride!

בָּאִי בְּשָׁלוֹם עֲטָרַת בַּעֲלָה
גַּם בְּשִׂמְחָה וּבְצִהֲלָה
תּוֹךְ אַמּוּנֵי עַם סֻגְלָה
בּוֹאִי כְּלָה בּוֹאִי כְּלָה

Shalom Aleichem

Peace upon you, ministering angels, messengers of the Most High, of the Supreme Ruler of Rulers, the Holy Blessed One.

Shalom alechem malache ha-
sharet malache elyon, mi-melech
malche ha-melachim Ha-Kadosh
Baruch Hu.

שָׁלוֹם עֲלֵיכֶם מַלְאָכֵי
הַשָּׁרֵת מַלְאָכֵי עֲלִיוֹן
מִמְלַךְ מַלְכֵי הַמַּלְאָכִים

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קוֹל יְהוּדִי לְשָׁלוֹם

Come in peace, messengers of peace, messengers of the Most High, of the Supreme Ruler of Rulers, the Holy Blessed One.

Bo'achem le-shalom malache ha-shalom malache elyon,
mi-melech malche ha-melachim
Ha-Kadosh Baruch Hu.

הַקְּדוֹשׁ בְּרוּךְ הוּא

בוֹאֲכֶם לְשָׁלוֹם מְלַאֲכֵי
הַשָּׁלוֹם מְלַאֲכֵי עֲלִיוֹן
מִמֶּלֶךְ מַלְכֵי הַמְּלָכִים
הַקְּדוֹשׁ בְּרוּךְ הוּא

Bless me with peace, messengers of peace, messengers of the Most High, of the Supreme Ruler of Rulers, the Holy Blessed One.

Barchuni le-shalom malache ha-shalom malache elyon,
mi-melech malche ha-melachim
Ha-Kadosh Baruch Hu.

בְּרַכּוּנִי לְשָׁלוֹם מְלַאֲכֵי
הַשָּׁלוֹם מְלַאֲכֵי עֲלִיוֹן
מִמֶּלֶךְ מַלְכֵי הַמְּלָכִים
הַקְּדוֹשׁ בְּרוּךְ הוּא

May your departure be in peace, messengers of peace, messengers of the Most High, of the Supreme Ruler of Rulers, the Holy Blessed One.

Tzet'chem le-shalom malache ha-shalom malache elyon,
mi-melech malche ha-melachim
Ha-Kadosh Baruch Hu.

צֵאתְכֶם לְשָׁלוֹם מְלַאֲכֵי
הַשָּׁלוֹם מְלַאֲכֵי עֲלִיוֹן
מִמֶּלֶךְ מַלְכֵי הַמְּלָכִים
הַקְּדוֹשׁ בְּרוּךְ הוּא

Three of Cups (an excerpt), by Marge Piercy

Taste what is in your mouth,
if it is water, still taste it.
Wash out the cups of your fingers,
...clean your eyes with new tears for your sister.
We are not worse revolutionaries if we remember
that the universe itself pulses like a heart;
that the blood dances within us; that joy is a power
treading with hoofs and talons on our flimsy bodies;
that water flows and fire leaps and the land gives strength
if you build on it with respect, if you dance on it with vigor,
if you put seeds in it with care and give back what is left over;
that a ritual of unity makes some of what it pretends;
that every things is part of something else.

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קוֹל יְהוּדִי לְשָׁלוֹם

Ma'ariv

Barchu

leader:

Blessed are You to whom praise is due!

everyone:

Blessed are You to whom praise is due forever and ever.

leader:

Baruch et Adonai ha'mevorach.

everyone:

Baruch Adonai ha'mevorach
l'olam va'ed.

leader:

ברוך את יי המברך

everyone:

ברוך יי המברך לעולם ועד

Shema & Its Blessings

Endless is Your love for Your people Israel. You have taught us Torah and its mitzvot, laws and judgement.

Therefore, O G-d, when we lie down and when we rise up we shall speak of Your commandments and rejoice in Your Torah and mitzvot forever.

Day and night we will reflect on them. They are our life and the length of our days. Your love shall never depart from our hearts. Blessed are You, Eternal G-d who loves Your people Israel.

Hear, Israel, Adonai is our G-d, Adonai is one.

You shall love Adonai your G-d with all your heart, with all your soul and with all your might. Take to heart these instructions, which I charge you this day. Impress them upon your children. Recite them when you stay at home and when you are away, when you lie down and when you get up. Bind them as a sign on your hand and let them serve as a symbol on your forehead; inscribe them on the doorposts of your house and on your gates.

Ahavat Olam beit Yisrael amcha ahavat, Torah u'mitzvot, chukim u'mishpatim, otanu limad'ta. Al kein, Adonai Eloheinu, b'shochbeinu uv'kumeinu nasiach b'chukecha, v'nismach b'divrei Torat'cha uv'mitzvotecha l'olam va'ed. Ki heim chayeinu v'orech yameinu uvahem neh'geh yomam valailah. V'ahavat'cha al tashir mimenu l'olamim. Baruch atah, Adonai, ohev amo Yisrael.

Sh'ma Yisreal Adonai Eloheinu Adonai echad

V'ahavta eit Adonai Elohecha b'chol l'avcha uvchol nafsh'cha uvchol m'odecha. V'hayu had'varim haeileh, asher Anochi m'tzav'cha hayom, al l'avvecha. V'shinantam l'vanecha, v'dibarta bam b'shivt'cha b'veitecha uvlecht'cha vaderech, uvshochb'cha uvkumecha. Ukshartam l'ot al yadecha, v'hayu l'totafot bein einecha. Uchtavtam al m'zuzot beitecha uvish'arecha.

אֶהְבֵּת עוֹלָם בֵּית יִשְׂרָאֵל עִמָּךְ אֶהְבֵּת. תּוֹרָה וּמִצְוֹת חֻקִּים וּמִשְׁפָּטִים אוֹתָנוּ לְמַדְתָּ. עַל כֵּן יי אֱלֹהֵינוּ בְּשׁוֹכְבֵנוּ וּבְקוּמֵנוּ נִשְׁיַח בְּחֻקְךָ וּנְשַׂמַּח בְּדִבְרֵי תוֹרַתְךָ וּבְמִצְוֹתֶיךָ לְעוֹלָם וָעֶד. כִּי הֵם חַיֵּינוּ וְאוֹרֵךְ יָמֵינוּ וּבָהֶם נִהְגֶה יוֹמָם וּלְיָלַיָהּ. וְאֶהְבֵּתְךָ אֵל תְּסוּר מִמֶּנּוּ לְעוֹלָמִים! בְּרוּךְ אַתָּה יי אוֹהֵב עַמּוֹ יִשְׂרָאֵל.

שְׁמַע יִשְׂרָאֵל יי אֱלֹהֵינוּ יְהוָה אֶחָד

וְאֶהְבֵּתְךָ אֵת יי אֱלֹהֶיךָ, בְּכָל-לִבְבְךָ, וּבְכָל-נַפְשְׁךָ, וּבְכָל-מְאֹדְךָ. וְהָיוּ הַדְּבָרִים הָאֵלֶּה, אֲשֶׁר אֶנְכִי מְצַוְךָ הַיּוֹם, עַל-לִבְבְךָ: וְשָׁנַנְתָּם לְבִנְיָךְ, וְדִבַּרְתָּ בָם בְּשִׁבְתְךָ בְּבֵיתְךָ, וּבְלִכְתְךָ בְּדֶרֶךְ וּבְשׁוֹכְבְךָ, וּבְקוּמְךָ. וְקָשַׁרְתָּם לְאוֹת עַל-יָדְךָ, וְהָיוּ לְטֹטְפֹת בֵּין עֵינֶיךָ, וְכָתַבְתָּם עַל מְזוֹזֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ:

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The Lord said to Moses as follows: Speak to the Israelite people and instruct them to make for themselves fringes on the corners of their garments throughout the ages; let them attach a cord of blue to the fringe at each corner. That shall be your fringe; look at it and recall all the commandments of the Lord and observe them, so that you do not follow your heart and eyes in your lustful urge. Thus you shall be reminded to observe all My commandments and to be holy to your G-d. I the Lord am your G-d, Who brought you out of the land of Egypt to be your G-d: I, the Lord am your G-d.

Who is like You, among the gods, Adonai? Who is like You, awesome and doing wonders? Your children saw your majesty, splitting the sea before Moses. "This is our G-d," they cried, "Adonai will reign through all space and time!" And it is said: Adonai has saved the people of Jacob, and redeems the weak from the mighty. Blessed are You, Adonai, who redeems Israel.

Vayomer Adonai el Moshe leimor: Dabeir el b'nei Yisraeil v'amarta aleihem v'asu lahem tzitzit al kanfei vigdeihem l'dorotam, v'natnu al tzitzit hakanaf p'til t'cheilet: V'haya lachem l'tzitzit ur'item oto uzchartem et kol mitzvot Adonai va'asitem otam, v'lo taturu acharei l'avchem v'acharei eineichem asher atem zonim achareihem: L'ma'an tizk'ru va'asitem et kol mitzvotai, vih'yitem k'doshim leiloheichem: Ani Adonai Eloheichem asher hotzeiti etchem mei'eret mitzrayim lih'yot lachem l'Eilohim, Ani Adonai Eloheichem.

Moshe uv'nai yisrael l'kha anu shira b'simhah rabah v'amru khulam

Mi chamocha ba'eilim Adonai, mi camocha nedar bakodesh, nora tehilot oseh feleh. Malchut'cha ra'u vanecha, bokea yam lifnei Moshe. "Zeh eli," anu v'amru; "Adonai yimloch l'olam va'ed!" V'ne'amar: ki fadah Adonai et Ya'akov, u'g'alo miyad chazak mimenu. Baruch atah, Adonai, ga'al Yisrael.

וַיֹּאמֶר יְיָ אֱלֹהֵי מֹשֶׁה לֵאמֹר: דַּבֵּר אֶל־בְּנֵי יִשְׂרָאֵל וְעֲשׂוּ לָהֶם צִיצִית עַל־כַּנְּפֵי בְגֵדֵיהֶם לְדֹרֹתָם וּנְתַנּוּ עַל־צִיצִית הַכִּנּוֹף פֶּתִיל תְּכֵלֶת: וְהָיָה לָכֶם לְצִיצִית וּרְאִיתֶם אֹתוֹ וּזְכַרְתֶּם אֶת־כָּל־מִצְוֹת יְיָ וְעִשִּׂיתֶם אֹתָם וְלֹא תִתּוּרוּ אַחֲרַי לְבַבְכֶם וְאַחֲרַי עֵינֵיכֶם אֲשֶׁר־אֶתֶם זָנִים אַחֲרֵיהֶם:

לְמַעַן תִּזְכְּרוּ וְעִשִּׂיתֶם אֶת־כָּל־מִצְוֹתַי, וְהָיִיתֶם קְדוֹשִׁים לֵאלֹהֵיכֶם: אֲנִי יְיָ אֱלֹהֵיכֶם, אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ מִצְרַיִם, לִהְיוֹת לָכֶם לֵאלֹהִים, אֲנִי יְיָ אֱלֹהֵיכֶם. אָמֵן. מֹשֶׁה וּבְנֵי יִשְׂרָאֵל לָךְ עָנוּ שִׁירָה בְּשִׂמְחָה רַבָּה. וְאָמְרוּ כָלָם

מִי כָמוֹךָ בָּאֱלֹהִים יְיָ, מִי כָמוֹךָ נֹאדָר בְּקֹדֶשׁ, נוֹרָא תְהִילֹת, עֹשֶׂה פְלֵא:

מִלְכוּתְךָ רָאוּ בְנֵיךָ. בּוֹקֵעַ יָם לִפְנֵי מֹשֶׁה. זֶה אֱלֹהֵי עָנוּ. וְאָמְרוּ: יְיָ יִמְלֹךְ, לְעֹלָם וָעַד: וְנֹאמַר: כִּי פָדָה יְהוָה אֶת יַעֲקֹב וּגְאָלוֹ מִיַּד חֲזָק מִמֶּנּוּ: בְּרוּךְ אַתָּה יְיָ. גְּאָל יִשְׂרָאֵל:

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קוֹל יְהוּדִי לְשָׁלוֹם

Grant that we may lie down in peace, Eternal G-d, and awaken us to life. Shelter us with Your tent of peace and guide us with Your good counsel. Shield us from hatred, plague and destruction. Keep us from warm famine and anguish. Help us to deny our inclination to evil. G-d of peace, may we always feel protected because You are our Guardian and Helper. Give us refuge in the shadow of Your wings. Guard our going forth and our coming in and bless us with life and peace. Blessed are You, Eternal G-d, whose shelter of peace is spread over us, over all Your people Israel, and over Jerusalem.

Hashkiveinu, Adonai Eloheinu, l'shalom, v'haamideinu shomreinu l'chayim, ufros aleinu sukat sh'lomecha, v'takneinu b'eitzah tovah milfanecha, v'hoshi-einu l'maan sh'mecha. V'hagein baadeinu, v'haseir mei-aleinu oyeiv, dever, v'chere, v'raav, v'yagon, v'harcheik mimenu avon vafesha. Uv'tzeil k'nafecha tastireinu, ki El shomreinu umatzileinu atah, ki El chanun v'rachum atah. Ushmor tzeiteinu uvo-einu l'chayim ul'shalom, mei-atah v'ad olam. Baruch atah, Adonai, haporeis sukat shalom aleinu v'al kol amo Yisrael v'al Yerushalayim.

הַשְּׂכִיבֵנוּ יְיָ אֱלֹהֵינוּ לְשָׁלוֹם
וְהַעֲמִידֵנוּ מִלְּכָנוּ לְחַיִּים.
וּפְרוֹשׁ עָלֵינוּ סִכַּת שְׁלוֹמְךָ
וְתַקְנֵנוּ בְּעֶצֶה טוֹבָה מִלְּפָנֶיךָ
וְהוֹשִׁיעֵנוּ לְמַעַן שְׂמֶךְ וְהַגּוֹ
בְּעַדְנוּ. וְהַסֵּר מֵעָלֵינוּ אוֹיֵב
דָּבָר וְחָרֵב וְרָעַב וְיָגוֹן וְהַסֵּר
שְׁטוֹן מִלְּפָנֵינוּ וּמֵאַחֲרֵינוּ
וּבְצֶל כְּנָפֶיךָ תִּסְתִּירֵנוּ כִּי אֵל
שׁוֹמְרָנוּ וְלִשְׁלוֹם מַעֲתָה וְעַד
עוֹלָם. בָּרוּךְ אַתָּה יְיָ הַפּוֹרֵשׁ
סִכַּת שְׁלוֹם עָלֵינוּ וְעַל כָּל
עַמּוֹ יִשְׂרָאֵל וְעַל יְרוּשָׁלַיִם.

Seven conscious blessings: an abbreviated Amidah

Thinking about our ancestors and our connection with them:

For ancestors and origins: Blessed are You Who shields Abraham and calls Sarah lovingly to mind.

Thinking about the cycles of life and our place in them:

For nurturing and healing the world through the waters of rain and dew and the tears of human compassion: Blessed are You Who gives life to the dead.

Thinking about what is holy to us, how to make ourselves holy:

For bringing the vision of fuller holiness to the world through the holy hope of Your coming holy reign of justice and peace: Blessed are You, Holy G-d.

Thinking about our creative power, and how to renew ourselves so that it may flourish:

For restfulness: Blessed are You Who sanctifies Shabbat.

Thinking about what makes divine presence manifest in time and space:

For the reunion of sacred time, sacred space, and sacred peoplehood: Blessed are You, who restores Your presence to Zion.



Thinking about all we have to be thankful for, and how we can give thanks to the Eternal:

With thankfulness for our blessings: Blessed are You, G-d of thankfulness.

Praying for peace for the peoples of the world, in our time:

For peace, loving kindness, and enlightenment: Blessed are You, Who blesses with peace Your G-d-wrestling people and all who dwell on earth.

We pause for a moment of silent meditation.

Oseh shalom bimromav, hu ya'aseh shalom aleinu! V'al kol Yisrael, v'imru amen.

May the one who makes peace in the high heavens make peace for us & for all Israel.

(from the Velveteen Rabbi)

Prayer for Wholeness

Oh World of Miracles, you are supremely broken.

Your shards are painful and cutting.

Your pieces are scattered across the globe, aching for wholeness.

We seek justice and peace in you.

We long and love, divine sparks igniting fires within us.

We tend the embers and feed the flames, at times nearly consuming ourselves and our neighbors.

We pray for--no, we demand--open heartedness and resilience.

We seek grace and peace.

We pursue justice.

May the fragments of our world and the brokenness of our souls be blessed with strength, wisdom, and compassion.

May we be whole again, quickly, in our days.

(Alex Weissman)

Mourner's Kaddish

Your community can take a moment to name count those whose deaths or yartzeits you are marking. If you are saying kaddish for those who have died in communal tragedies, consider having everyone stand and say kaddish together. Also give individuals an opportunity to name the other recent deaths and yartzeits they want to mark.

Exalted and hallowed be G-d's Yitgadal v'yitkadash sh'meih raba
 great name, in the world which G- b'alma di v'ra chiruteih, v'yamlich
 d created, according to plan. May malchuteih b'chayeichon
 G-d's majesty be revealed in the uv'yomeichon uv'chayei d'chol
 days of your lifetime and the life beit Yisrael, baagala uviz'man
 of all Israel - speedily, imminently. kariv, v'imru: Amen.
 To which we say: Amen.

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא
 בְּעַלְמָא דִּי בְּרָא כְרַעוּתֵיהּ,
 וְיִמְלִיךְ מַלְכוּתֵיהּ בְּחַיֵּינוּ
 וּבְיוֹמֵינוּ וּבְחַיֵּי דְכָל בֵּית
 יִשְׂרָאֵל. בְּעָגְלָא וּבְזִמְנוּ קָרִיב
 וְאָמְרוּ אָמֵן:

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Blessed by G-d's great name to all eternity. Blessed, praised, honored, exalted, extolled, glorified, adored, and lauded be the name of the Holy Blessed One, beyond all earthly words and songs of blessing, praise, and comfort, to which we say: Amen.

May the One who causes peace to reign in the high heavens, cause peace to reign among us, all Israel, and all the world, and let us say: Amen.

Y'hei sh'meih raba m'varach l'alam ul'almei almaya. Yitbarach v'yishtabach v'yitpaar v'yitromam v'yitnasei, v'yit'hadar v'yitaleh v'yithalal sh'meih d'kud'sha b'rich hu, l'eila min kol birchata v'shirata, tushb'chata v'nechemata, daamiran b'alma, v'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol Yisrael. V'imru: Amen.

Oseh shalom bimromav, Hu yaaseh shalom aleinu, v'al kol Yisrael. V'imru: Amen

יְהִי שֵׁמֶה רַבָּא מְבָרַךְ לְעַלְמִים
וְלְעַלְמֵי עֲלְמַיָּא: יִתְבָּרַךְ
וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמַם
וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעַלֶּה
וְיִתְהַלַּל שֵׁמֶה דְקֻדְשָׁא בְרִיךְ
הוּא לְעָלְא מִן כָּל בִּרְכָתָא
וְשִׁירְתָא תְשַׁבְּחָתָא וְנַחֲמָתָא,
דְאַמְרוּן בְּעַלְמָא, וְאַמְרוּ אָמֵן:
יְהִי שְׁלָמָא רַבָּא מִן שְׁמַיָּא
וְחַיִּים עֲלֵינוּ וְעַל כָּל יִשְׂרָאֵל,
וְאַמְרוּ: אָמֵן.

עֲשֵׂה שְׁלוֹם בְּמְרוֹמָיו, הוּא
יַעֲשֵׂה שְׁלוֹם עֲלֵינוּ וְעַל כָּל
יִשְׂרָאֵל, וְאַמְרוּ: אָמֵן.

Concluding

You can use any song, poem, or reading that feels most appropriate for your community to conclude services.

We who believe in freedom cannot rest

We who believe in freedom cannot rest until it comes

(from Ella's Song by Bernice Johnson Reagon)

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Supplementary Readings and Prayers

A Litany for Survival, by Audre Lorde

For those of us who live at the shoreline
standing upon the constant edges of decision
crucial and alone
for those of us who cannot indulge
the passing dreams of choice
who love in doorways coming and going
in the hours between dawns
looking inward and outward
at once before and after
seeking a now that can breed
futures
like bread in our children's mouths
so their dreams will not reflect
the death of ours

For those of us
who were imprinted with fear
like a faint line in the center of our foreheads
learning to be afraid with our mother's milk
for by this weapon
this illusion of some safety to be found
the heavy-footed hoped to silence us
For all of us
this instant and this triumph
We were never meant to survive.

And when the sun rises we are afraid
it might not remain
when the sun sets we are afraid
it might not rise in the morning
when our stomachs are full we are afraid
of indigestion
when our stomachs are empty we are afraid
we may never eat again
when we are loved we are afraid
love will vanish
when we are alone we are afraid
love will never return
and when we speak we are afraid
our words will not be heard
nor welcomed
but when we are silent
we are still afraid.

So it is better to speak
remembering
we were never meant to survive.

"It is our duty to fight for our freedom.
It is our duty to win.
We must love each other, and protect each other.
We have nothing to lose but our chains."

Assata Shakur

Jewish Voice for Peace



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Talisman, by Suheir Hammad

it is written
the act of writing is
holy words are
sacred and your breath
brings out the
G-d in them
i write these words
quickly repeat them
softly to myself
this talisman for you
fold this prayer
around your neck fortify
your back with these
whispers
may you walk ever
loved and in love
know the sun
for warmth the moon
for direction
may these words always
remind you your breath
is sacred words
bring out the G-d
in you

*from What is a Jew in Solitude,
by Adrienne Rich*

What is a Jew in solitude?
What is a woman in solitude, a queer woman or
man?
When the winter flood-tides wrench the tower from
the rock, crumble the prophet's headland, and the
farms slide into the sea
when leviathan is endangered and Jonah becomes
revenger
when center and edges are crushed together, the
extremities crushed together on which the world
was founded
when our souls crash together, Arab and Jew,
howling our loneliness within the tribes
when the refugee child and the exile's child re-open
the blasted and forbidden city
when we who refuse to be women and men as
women and men are chartered, tell our stories of
solitude spent in multitude
in that world as it may be, newborn and haunted,
what will solitude mean?